

Traditional Tea Ceremony & Lecture

*Come share an afternoon with us as
Dr. Massey performs a Traditional
Tea Ceremony.*

Sunday, January 19, 2003 2:00 - 5:00 pm

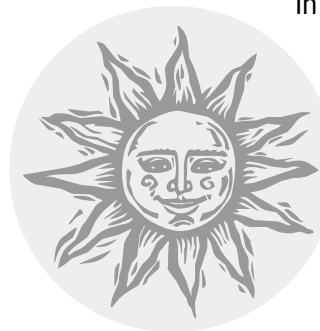
SPEAKER Dr. James Massey

LOCATION Florida of Federation of Garden Clubs

PRICE \$10 members, \$12 non-members

The Japanese word for "tea ceremony" or "chanoyu" literally means "hot water for tea," but within that simple phrase is found almost a thousand years of Japanese history in the study and discipline of making and serving tea. The present-day form of chanoyu was begun by a man named Sen no Rikyu in the late 1500s, and has been handed down through his descendants in the Omotesenke (literally "front house of Sen") school.

In the most basic form of the tea ceremony, the host does all the "work" mixing the tea in front of the guest, while the host and guest communicate through unspoken gestures rather than a lot of talk. The discipline of studying "tea ceremony", however, is also the discipline of learning about oneself, and how to relate to others. The "motto" of the tea ceremony is wa-kei-sei-jaku; or harmony, respect, purity and tranquility. The essence of the tea ceremony is not found in the tea, as tasteful and healthy as it is, but in the tranquility that comes from learning how to harmonize with others, respect others and oneself, and gain purity in thought and action.



James Massey's extensive knowledge and interest of the Japanese culture began with a three-year stay during his adolescence and has continued ever since. He has studied the Japanese tea ceremony since 1980, in the Omotesenke school, which is the oldest and most traditional form of the ritual. Reaching the kyoju (instructor) level of Omotesenke tea, he has given numerous demonstrations and classes in the tea ceremony for the Morikami Museum, the Japan Pavilion at EPCOT Center, the Bok Tower Gardens in Lake Wales and numerous other locations. He maintains a web site on tea ceremony and manages the most popular English-speaking tea ceremony mailing list in the nation. With a Doctorate in Musical Arts from Combs College and other graduate work in philosophy and business from various universities, he has taught humanities and business courses at the community college and undergraduate levels since 1987.



The Macrobiotic Foundation of Central Florida is an organization dedicated to providing information, support and activities for its members and the community on the macrobiotic way of living. This begins with a reorientation of everyday eating using natural foods, and continues through accepting responsibility for keeping our physical, mental, emotional, and spiritual lives in harmony with ourselves, our families, our community, and with society and nature.